

# Course Content Form – 2024 Fall

**This form must be completed for ALL COURSES, new, repeated, or continuing.**

Course Title **Beginner Folk Guitar I**

Instructor 1 **Hastings, Lynda**

Instructor 2 **Miller, Mary**

Instructor 3 **Meyer, Ann**

Course Prerequisites: **None**

Course Co-requisites: **None**

Materials Required: **Student must bring a playable acoustic guitar with strap, electronic tuner, music stand, flat pick, thumb pick and capo.**

Textbook(s) required **Notebook covering semesters I and II, with music and other materials, provided by instructor @ less than \$10.**

## **Course Outline/Syllabus**

### BEGINNER FOLK GUITAR I

Fall 2024

SYLLABUS

Course Title: Beginner Folk Guitar I

Instructor(s): Lynda Hastings (302) 234-0312, [LLHastings42@gmail.com](mailto:LLHastings42@gmail.com)

Mary Miller (302) 383-0631 [mmiller1202@verizon.net](mailto:mmiller1202@verizon.net)

Ann Meyer (302) 463-4590 [annmeyer9240@gmail.com](mailto:annmeyer9240@gmail.com)

Course Prerequisites: None

Course Co-requisites: None

Materials Required: Acoustic guitar, strap, music stand, electronic tuner, flat and thumb picks, capo for later in the semester.

Text Book(s) Required and their cost: (1) Instructors will provide extensive class materials with music information, chord songs and note playing. This is in a notebook covering semesters I and II @ less than \$10.

#### **Goals:**

1. To have students experience the physical and mental, emotional, and spiritual benefits of music.
2. To realize and encourage the innate ability to respond and participate in the creating of music.
3. To explore chord playing and develop playing by ear, and performing skills.
4. To break down the learning process to simple do-able steps so that the learning experience is pleasurable and low stress.

#### **Week One:**

- a. Getting to know you. What is the background and experience of the instructor?
- b. Parts of a guitar
- c. How to hold a guitar
- d. How to position fingers on the strings
- e. Show how to hold a flat pick
- f. Right hand down-strum technique with flat pick or thumb.
- g. How to get a clear sound by fingering close to the fret but not on it

- h. Simple (one fingered) C and G7 chords used to accompany songs.
- i. Practice moving from one chord to another.
- j. Learn to play and sing 2 songs.

### **Week Two:**

- a. Warm ups and stretches
- a. Teach the notes for each string in conventional tuning, EADGBE
- b. Demonstrate tuning the guitar with an electronic tuner
- c. Review week one
- d. Teach small (one fingered) G chord and full D7 chord
- e. Play song accompaniments with G and D7 and G, C, and D7.
- f. Talk about building calluses and relieving hand stress
- g. Discuss practicing strategies and how long to practice. Recommended practice time is 15-30 minutes per day for 5 days. Designate the same time to practice every practice session (i.e. after lunch, before bed, etc.)

### **Week Three:**

- a. Have students tune their guitars.
- a. Warm ups and stretches
- b. Review week two
- c. Teach full C and full G7 chord
- d. Play song accompaniments with full C and G7 chords

### **Week Four:**

- a. Have students tune their guitars.
- a. Warm ups and stretches
- b. Review week three
- c. Learning the musical alphabet circle and tonic (I chord), subdominant (IV chord), and dominant (V or V7 chord)
- d. Teach the full G chord. Explain how the seventh tone causes dissonance which makes you want to resolve it to the I or home chord.
- e. Play song accompaniments using simple or full G, C, and D7 chords

### **Week Five:**

- a. Warm ups and stretches
- a. Review week four
- b. Teach right hand down/up strum
- c. Teach the F chord
- d. Teach keys of C and G
- e. Play song accompaniments

### **Week Six:**

- a. Warm ups and stretches
- a. Review week five
- b. Playing songs using I,IV,V concept.
- c. Teach the D and D7 chords
- d. Learn new songs to play
- e. Play song accompaniments

### **Week Seven:**

- a. Warm ups and stretches
- a. Review week 6

- b. Teach the A and A7 chords
- c. Teach key of D
- d. Play song accompaniments

**Week Eight:**

- a. Warm ups and stretches
- a. Teach Em chord
- b. Teach a four chord song
- c. Have students buddy up and make chords on the guitar for their partners to guess what chord it is. Students can use C, G7, G, D, D7 or A7
- d. Play song accompaniments

**Week Nine:**

- a. Warm ups and stretches
- a. Teach Am chord and new songs
- b. Teach the  $\frac{3}{4}$  time strum
- c. Teach Dsus 2 & 4
- d. Play song accompaniments

**Week Ten:**

- a. Warm ups and stretches
- a. Teach the E and E7 chords
- b. Teach key of A
- c. Explain how the concept of the I, IV and V7 chords can be used to transpose chords from one key to another
- d. Using the above concept, transpose songs from one key to another.
- e. Play song accompaniments

**Week Eleven:**

- a. Warm ups and stretches
- a. Teach using a capo to make chords more singable and to alter keys
- b. Mystery Chords: Hand out "quiz" with chord diagrams and ask students to identify each.
- c. Teach major chords in key of A (A, D, E7)
- d. Play song accompaniments

**Week Twelve:**

- a. Warm ups and stretches
- a. Have an F chord competition. Whoever plays the best F gets a prize.
- b. Teach transposing keys in a song
- c. Play song accompaniments

**Week Thirteen:**

- a. Warm ups and stretches
- b. Review key transposition and capos
- c. Whet students' appetite for next term.
- d. Play song accompaniments

**Note:** *Please remember to check tuning of guitars before each session. Ask for tuning assistance from the class helpers.*