

Care of the Soul course content

We will read and discuss:

"Care of the Soul" by Thomas Moore, Harper Collins , 1992. ISBN 0-06-016597-9. This book is also available as a paperback and on Kindle (approximately \$2). Please read the Introduction for our first meeting, when we'll discuss the introduction and how we want to break up our reading. We will also have a short introduction to Carl Jung, Moore's mentor and guide.

This class requires reading the selected sections, and coming to class prepared to discuss your views of the readings. We will share, not criticize, interpretations and ideas.

I share with you a note I left myself in my book 30 years ago:

"I want to beg you, as much as I can, to be patient toward all that is unsolved in your heart and to try to love the questions themselves like locked rooms and like books that are written in a very foreign tongue. Do not seek the answers, which cannot be given you because you would not be able to live them. And the point is to live everything. Live the questions now. Perhaps you will then gradually, without noticing it, live along some distant day into the answer."----- Ranier Maria

Rilke