



# Osher Lifelong Learning Institute at the University of Delaware

DOVER | LEWES | OCEAN VIEW | WILMINGTON | ONLINE

### WHERE FRIENDS MEET TO LEARN







# OLLI **SUMMER** SELECTIONS

# JUNE 17-JULY 27, 2024

# Five weeks of fun topics, short courses and field trips

Join us this summer to connect with a fun learning community and make new friends at the University of Delaware's Osher Lifelong Learning Institute (OLLI).

OLLI programs are hosted throughout Delaware for adults 50+ to take classes, teach, exchange ideas and enjoy the camaraderie of their peers.

Full session just \$125!

Can't attend the full session? Each week \$30.

LEARN MORE AT
OLLI.UDEL.EDU/SUMMER



Scan with your smartphone camera to visit olli.udel.edu.

### **FLEXIBLE REGISTRATION**

We invite you to join us for **OLLI Summer Selections!** Many classes meet as one-day special sessions or field trips; other classes meet several days during one week or across all weeks. Classes do not meet the week of July 1. See offerings by week on back page.



Some field trips and other specific classes may involve an additional fee for site admission or supplies, which are detailed online.

Course titles and schedules are subject to change. View complete details at olli.udel.edu/summer.

Register for the full five-week program for \$125 or each week for \$30.

#### Monday at the Movies (X907)

Lewes+

6/17-7/22 (5) | M | 2-5 p.m.

### Historic Milton: View, Dine, Relax (X900)

Dover-

6/25 (1) | Tu | 10:15 a.m.-3 p.m.

### **Curious About Polymer Clay? (B905)**

Wilmington

6/18 (1) Tu | 9-10:15 a.m.

#### Shroud of Turin (G266)

Online

6/18-7/16 (4) | Tu | 10:45 a.m.-noon

#### Tree Club (X214)

Wilmington

6/18-6/18 (5) | Tu | 10:45 a.m.-noon

#### **Acoustic Jam (CP270)**

Wilmington

6/18-7/23 (5) | Tu | 10:45 a.m.-noon

#### Delaware's Sussex County (G265)

Online

6/18-7/23 (5) | Tu | 10:45 a.m.-noon

# Healthy Aging: New Science of Longevity (P905)

Wilmington\*

6/18-7/23 (5) | Tu | 10:45 a.m.-noon

### Poetry of Dylan Thomas (H902)

Online

6/18-7/23 (5) | Tu | 10:45 a.m.-noon

### Sussex County Volunteerism: (U905)

Lewes

6/18-7/23 (5) | Tu | 10:45 a.m.-noon

# Low and Slow BBQ: America's Cuisine (D229)

Wilmington

6/18-7/16 (4) | Tu | 10:45 a.m.-noon

### Stories By Nobel Laureate Alice Munro (H900)

Lewes<sup>3</sup>

6/18-7/16 (4) | Tu | 12:45-2 p.m.

#### World-Class White Wines (F901)

Dover

6/26 (1) | W | 2-3:30 p.m.

#### Wineglass Painting (B904)

Wilmington

7/9 (1) | Tu | 12:45-2:45 p.m.

### Simply Black and White (B900)

Dover

6/25 (1) | Tu | 12:45-3:15 p.m.

# Different Productions of the Ballet Nutcracker (CA296)

Online

6/18-7/23 (5) | Tu | 2:30-3:45 p.m.

#### Mixed Media Arts (B901)

Lewes

6/18-7/23 (5) | Tu | 2:30-3:45 p.m.

### Gentle Art of Swedish Death Cleaning: Explained (D900)

Wilmington

6/18-7/23 (5) | Tu | 2:30-3:45 p.m.

# Electric Vehicles: Pros, Cons and Myths (R901)

Online

6/25 (1) | Tu | 2:30-4 p.m.

# Summer Birds and Marvelous Monarchs (P901)

Dover-

6/18 (1) | Tu | 9 a.m.-noon

#### **Beginner Bridge (D228)**

Lewes

6/18-7/23 (5) | Tu | 9:30 a.m.-noon

#### Big Band Jazz Ensemble (CP900)

Wilmington

6/18-7/23 (5) | Tu | 9-10:15 a.m.

#### The Pony Express (G900)

Lewes

6/18-7/23 (5)  $\mid$  Tu  $\mid$  9-10:15 a.m.

#### The Mystery of Flowers (D901)

Online

6/18-7/16 (4) | Tu | 9-10:15 a.m.

#### Teen Books For Adults (H901)

Wilmington

7/9-7/23 (3) | Tu | 9-10:15 a.m.

### Gulf States: UAE and Oman (X908)

Wilmington

7/16 (1) | Tu | 9-10:15 a.m.

# Summer Walk 2024: Week 1, Week 2 (Q900)

Rehoboth Beach+

6/18-6/27 (4) | Tu, Th | 8-9:30 a.m.

# Spirituality of Jesus and Eckhart Tolle (J900)

Online

6/18-6/20 (2) | Tu, Th | 9-10:15 a.m.

#### Introduction to Mindfulness (X226)

Wilmington

6/18-7/11 (3) | Tu, W, Th | 10:45 a.m.-noon

#### Forest Bathing and Haiku (J901)

Wilmington

7/9-7/11 (3) | Tu, W, Th | 10:45 a.m.-noon

### Researching Family History and Genealogy: African American and Indigenous Americans (E900)

7/16-7/18 (3) | Tu, W, Th | 10:45-noon

#### August Wilson and Two Plays: The Piano Lesson and Fences (CA905)

Online

**Full session** 

iust \$125!

7/23-7/25 (3) | Tu, W, Th | 12:45-2 p.m.

#### 3-D Needle Felting (B902)

Wilmington

6/25-6/27 (3) | Tu, W, Th | 2:30-3:45 p.m.

#### Mandala Dot Painting (B903) Wilmington

6/25-6/27 (3) | Tu, W, Th | 9 a.m.-noon

### TED Talks Discussion and Trivia (D255)

Wilminaton

7/23-7/25 (3) | Tu, W, Th | 9-10:15 a.m.

#### Making Peace With Tucson (D902)

Wilmington

7/17 (1) W 10:45 a.m.-2 p.m.

#### Be Still and Know That I Am God (J236)

Online

6/26-7/24 (4) | W | 10:45 a.m.-noon

### Behind the Signs of Life (P903)

Wilmington

6/26-7/24 (4) | W | 10:45 a.m.-noon

#### From Shtetl to the Lower East Side (G906)

Wilmington

6/26-7/24 (4) | W | 10:45 a.m.-noon

#### Italian Is Fun (O900)

Wilmington

6/26-7/24 (4) | W | 10:45 a.m.-noon

# The Environment: Good News Near and Far (P904)

Wilminaton

6/26-7/24 (4) | W | 10:45 a.m.-noon

### World-Class Classical Music: (CA904)

Lewes

6/26-7/24 (4) | W | 10:45 a.m.-noon

#### Relocating the "Old West": Tana French Novels (H903)

Onlina

7/10-7/17 (2) | W | 10:45 a.m.-noon

# Fighting the Notre Dame de Paris Fire (D903)

Wilmington\*

6/26 (1) W | 10:45 a.m.-noon

#### **Lunch Bucket Lists (H905)**

Wilmington

6/26 (1) W | 10:45 a.m.-noon

# Seated Exercise For All Ability Levels (Q267)

Ocean View

6/26-7/24 (4) | W | 11-11:45 a.m.

# Mastering Modern Communications: All Sessions (L904)

Lewes

6/26-7/24 (4) | W | 12:45-2 p.m.

# The First Amendment of the Bill of Rights: 2024 (S901)

Wilmington

6/26-7/24 (4) | W | 12:45-2 p.m.

### Winetasting: Reds From Bordeaux (F911)

Wilmington

7/10 (1) | W | 12:45-2 p.m.

# Culinary Conversation With Chef Alex Neaton (X901)

Dover

7/17 (1) | W | 11 a.m.- 3 p.m.

#### Winetasting: Whites From Veneto (F912)

Wilmington

7/24 (1) | W | 12:45-2 p.m.

#### Bless Your Heart! (P906)

Wilmington

6/26-7/24 (4) | W | 9-10:15 a.m.

# European Radicalism: Revisionist Socialism (G910)

Wilmington

6/26-7/24 (4) | W | 9-10:15 a.m.

#### It's About Time (G904)

Lewes\*

6/26-7/24 (4) | W | 9-10:15 a.m.

### Mycenaean Culture: Homeric Myth (G908)

Online

6/26-7/24 (4) | W | 9-10:15 a.m.

#### Writing Memoirs (K205)

Online

6/26-7/24 (4) | W | 9-10:15 a.m.

#### Yoga: Gentle (Q281)

Ocean View

6/26-7/24 (4) | W | 9-10:15 a.m.

# Raubacher at the Biggs: An Intimate Tour (A900)

Dover+

6/27 (1) | Th | 10:30 a.m.-noon

#### Overview of Qi Gong and Tai Chi (Q902)

Lewes+

6/20-7/25 (5) | Th | 10:30-11:30 a.m.

#### Plastic Bags to Sleeping Mats (U906)

Wilmington

6/20-7/25 (5) | Th | 10:45-noon

### **Evolving Emerson (H904)**

Wilmington

6/20-7/25 (5) | Th | 10:45 a.m.-noon

#### History of Scotland (G905)

Lewes

6/20-7/25 (5) | Th | 10:45 a.m.-noon

#### Chair Yoga (Q904)

Wilmington

6/27-7/25 (4) | Th | 10:45 a.m.-noon

### Vikings to Vinland: Update 2024 (G903)

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7/9-7/10 (2) | Tu, Wed | 10:45 a.m.-noon

#### Microsoft Excel: Special Topics (L905)

Wilmington

7/11-7/25 (3) | Th | 10:45 a.m.-noon

### The History of Gospel Music (F905)

Dover\*

7/11-7/25 (3) | Th | 10:45 a.m.-noon

### Interlude at Rehoboth (H906)

Wilmington

6/27 (1) Th | 10:45 a.m.-noon

# Aviation Adventure: Air Mobility Command Museum (G901)

Dover

7/10 (1) | W | 9 a.m.-noon

### A Day In the Life: The Dickinson Plantation (G902)

Dover

7/11 (1) | Th | 10:30-12:30

#### Paul Robeson: Renaissance Man (F906)

Online

7/11 (1) | Th | 10:45 a.m.-noon

#### **Cruising 101 (F900)**

Wilmington

7/25 (1) Th | 10:45 a.m.-noon

### Stained Glass Fundamentals (B236)

Lewes

6/20-7/25 (5) | Th | 12:30-3:45 p.m.

# Elder Law: Planning Today to Protect Tomorrow (S209)

Online

6/20-7/25 (5) | Th | 12:45-2 p.m.

# Retirement Tax-Planning Boot Camp (\$900)

Lewes

6/27-7/25 (4) | Th | 12:45-2 p.m.

#### **Lunch Book Groups (X909)**

Wilmington

7/11-7/25 (3) | Th | 12:45-2 p.m.

#### My Mother and the Holocaust (G909)

Online

7/18 (1) | Th | 2:30-4:30 p.m.

#### Our Amazing Delaware Coast (P902)

Dover+

6/20 (1) | Th | 9 a.m.-noon

#### Delaware's Underground Railway (G911)

Kennett Square, PA+

7/18 (1) | Th | 9:30 a.m.-12:30 p.m.

#### Historic New Castle Walking Tour (G907)

New Castle+

7/18 (1) | Th | 9:45 a.m.-2:30 p.m.

### Kripalu Vinyasa Yoga (Q905)

Wilmington

6/20-7/25 (5) | Th | 9-10:15 a.m.

### **LOCATIONS AND FORMATS**

Parkina is free at all UD OLLI locations.

**DOVER**-Wyoming Church, 216 Wyoming Mill Rd.

**LEWES**—Trinity Faith Education Building, 15516 New Rd.

**OCEAN VIEW**—Ocean View Community Center, 32 West Ave.

**WILMINGTON**—Arsht Hall, 2700 Pennsylvania Ave.

ONLINE or HYBRID—Entirely online via Zoom videoconferencing. A hybrid section is an on-site course with an online participation section offered.

**ON-DEMAND-**Recorded OLLI classes. Viewing is on your own schedule.

+OFF SITE—All locations marked with a plus sign (+) represent a field trip, or take place at an off-site (non UD-OLLI) location. View location details online.

Number of sessions indicated within parentheses.

### The Universe: A Bold New Beginning (R900)

Lewes'

6/27-7/25 (4) | Th | 9-10:15 a.m.

# Birding 101: Introduction to Bird Watching (P201) - 9 a.m.

Wilmington

7/27 (1) | Sa | 9-10:30 a.m.

# Exercise Resistance Bands Class (Q906) - 9 a.m.

Wilmington

7/27 (1) | Sa | 9-10:30 a.m.

# Secrets of Happiness: Learn Them and Use Them (Q903)

Lewes

7/25 (1) | Th | 2-4 p.m.

# Birding 101: Introduction to Bird Watching (P201) - 10:45 a.m.

Wilmington

7/27 (1) | Sa | 10:45 a.m.-noon

# Exercise Resistance Bands Class (Q906) - 10:45 a.m.

Wilmington

7/27 (1) | Sa | 10:45 a.m.-noon

### **Artificial Intelligence and the News Media** On-Demand

### Astronomy 101

On-Demand

# Orient Express: the Train, the Legend, the Brand

On-Demand

#### All News, All the Time

On-Demand

### Good Sports: More Than a Pastime

On-Demand

### OLLI SUMMER SELECTIONS | JUNE 17-JULY 27, 2024 | WEEKLY PACKAGES

**D**-Dover **L**-Lewes **OV**-Ocean View **W**-Wilmington \*-Online or hybrid section \*-Field trip or off-site location

Each week

\$30!

#### **WEEK 1** | **JUNE 17-20**

- Monday at the Movies: Part 1 (X902) L +
- Sussex County Volunteerism: Part 1 (U900) L\*
- Curious About Polymer Clay? (B905) W
- The Mystery of Flowers (D901) \*
- Spirituality of Jesus and Eckhart Tolle (J900) \*
- Summer Walk 2024: Week One (Q900) Ocean View +
- Acoustic Jam (CP270) W
- Introduction to Mindfulness (X226) W
- Low and Slow BBQ: America's Cuisine (D229) W
- Tree Club (X214) **W**
- Orient Express: The Train, the Legend, the Brand (G317) \*
- Summer Birds and Marvelous Monarchs (P901) D+
- Delaware's Underground Railway (G911) Kennett Square, PA +
- Our Amazing Delaware Coast (P902) D+

### **WEEK 2** | **JUNE 24-27**

- Monday at the Movies: Part 2 (X903) L+
- Electric Vehicles: Pros, Cons and Myths (R901) \*
- The Mystery of Flowers (D901) \*
- Acoustic Jam (CP270) W
- Low and Slow BBQ: America's Cuisine (D229) W
- Sussex County Volunteerism: Part 2 (U901) L\*
- Tree Club (X214) W
- Simply Black and White (B900) D
- 3-D Needle Felting (B902) W
- Mandala Dot Painting (B903) W
- World-Class White Wines (F901) D+
- Fighting the Notre Dame de Paris Fire (D903) W\*
- Lunch Bucket Lists (H905) W
- World-Class Classical Music: Part 1 (CA900) L
- Mastering Modern Communications: Email Basics (L900) L
- Interlude at Rehoboth (H906)  ${f W}$
- Artificial Intelligence and the News Media \*
- Historic Milton: View, Dine, Relax (X900) D+
- Summer Walk 2024: Week Two (Q901) OV
- Raubacher at the Biggs: An Intimate Tour (A900) D+

### WEEK 3 | JULY 8-11 (no classes week of July 1)

- Monday at the Movies: Part 3 (X904) L+
- The Mystery of Flowers (D901) \*
- Acoustic Jam (CP270) W
- Low and Slow BBQ: America's Cuisine (D229) W
- Sussex County Volunteerism: Part 3 (U902) L\*
- Tree Club (X214) W
- Wineglass Painting (B904) W
- Forest Bathing and Haiku (J901) W
- Vikings to Vinland: Update 2024 (G903) L\*
- Introduction to Mindfulness (X226) W
- Relocating the "Old West": Tana French Novels (H903) \*

- World Class Classical Music: Part 2 (CA901) L
- Mastering Modern Communications: Email Extras (L901) L
- Winetasting: Reds From Bordeaux (F911) W
- Paul Robeson: Renaissance Man (F906) \*
- The History of Gospel Music: Part 1 (F902) D \*
- Lunch Book Groups (X909) W
- · Astronomy 101 \*
- Aviation Adventure: Air Mobility Command Museum (G901) D+
- A Day In the Life: The Dickinson Plantation (G902) D+

#### **WEEK 4** | **JULY 15-18**

- Monday at the Movies: Part 4 (X905) L+
- Gulf States: UAE and Oman (X908) W
- The Mystery of Flowers (D901) \*
- Acoustic Jam (CP270) W
- Low and Slow BBQ: America's Cuisine (D229) W
- Sussex County Volunteerism: Part 4 (U903) L\*
- Tree Club (X214) W
- Researching Family History and Genealogy: African American and Indigenous Americans (E900) \*
- · Making Peace With Tucson (D902) W
- Relocating the "Old West": Tana French Novels (H903) \*
- World Class Classical Music: Part 3 (CA902) L
- Mastering Modern Communications: Zoom Basics (L902) L
- My Mother and the Holocaust (G909) \*
- The History of Gospel Music: Part 2 (F903) D \*
- Lunch Book Groups (X909) W
- Good Sports: More Than a Pastime \*
- Culinary Conversation With Chef Alex Neaton (X901) D+
- Delaware's Underground Railway (G911) Kennett Square, PA +
- Historic New Castle Walking Tour (G907) New Castle +

#### **WEEK 5** | **JULY 22-27**

- Monday at the Movies: Part 5 (X906) L+
- August Wilson and Two Plays: The Piano Lesson and Fences (CA905) \*
- Acoustic Jam (CP270) W
- Sussex County Volunteerism: Part 5 (U904) L\*
- Tree Club (X214) W
- Ted Talks Discussion and Trivia (D255) W
- World Class Classical Music: Part 4 (CA903) L
- Mastering Modern Communications: Facebook (L903) L
- Winetasting: Whites From Veneto (F912) W
- Secrets of Happiness: Learn Them and Use Them (Q903) L
- Cruising 101 (F910) W
- The History of Gospel Music: Part 3 (F904) D
- Lunch Book Groups (X909) W
- Exercise Resistance Bands Class (Q906) W
- Birding 101: Introduction to Bird Watching (P201) W
- All News All the Time \*