**OLLI SUMMER SELECTIONS** 

## UD OLLI SUMMER SELECTIONS 2024 Week 4: July 15-18 | Week 5: July 22-27

#### WEEK 4 — JULY 15-18

- Monday at the Movies: Part 4 (X905) L+
- Gulf States: UAE and Oman (X908) W
- The Mystery of Flowers (D901) \*
- Acoustic Jam (CP270) W
- Low and Slow BBQ: America's Cuisine (D229) W
- Sussex County Volunteerism: Part 4 (U903) L \*
- Tree Club (X214) W
- Researching Family History and Genealogy: African American and Indigenous Americans (E900) \*
- Making Peace With Tucson (D902) W
- Relocating the "Old West": Tana French Novels (H903) \*
- World Class Classical Music: Part 3 (CA902) L
- Mastering Modern Communications: Zoom Basics (L902) L
- My Mother and the Holocaust (G909) \*
- The History of Gospel Music: Part 2 (F903) D \*
- Lunch Book Groups (X909) W
- Good Sports: More Than a Pastime \*
- Culinary Conversation With Chef Alex Neaton (X901) D+
- Del. Underground Railway (G911) Kennett Square, PA +
- Historic New Castle Walking Tour (G907) New Castle +

#### WEEK 5 — JULY 22-27

- Monday at the Movies: Part 5 (X906) L+
- August Wilson and Two Plays: The Piano Lesson and
- Fences (CA905) \*
- Acoustic Jam (CP270) W
- Sussex County Volunteerism: Part 5 (U904) L\*
- Tree Club (X214) W
- Ted Talks Discussion and Trivia (D255) W
- World Class Classical Music: Part 4 (CA903) L
- Mastering Modern Communications: Facebook (L903) L
- Winetasting: Whites From Veneto (F912) W
- Secrets of Happiness: Learn Them and Use Them (Q903) L
- Cruising 101 (F910) W
- The History of Gospel Music: Part 3 (F904) D
- Lunch Book Groups (X909) W
- Exercise Resistance Bands Class (Q906) W
- Birding 101: Introduction to Bird Watching (P201) W
- All News All the Time \*

**D**-Dover | **L**-Lewes | **OV**-Ocean View | **W**-Wilmington \*-Online or hybrid section | +-Field trip or off-site location





## WEEK 4: JULY 15-18

## World Class Classical Music (CA904)

Lewes (Trinity Faith Education Building): June 26, 2024 to July 24, 2024

Wednesday at 10:45 AM

Coastal Concerts presents a classical music experience that delves into the background of guest artists, their instruments, and the music they are performing. A close examination of these topics promotes the appreciation for and the enjoyment of the featured music.

A complimentary ticket for a future Coastal Concerts performance will be given to each of the participants of this course.

Taught by: Carol Dennis

# Low and Slow BBQ: America's Cuisine (D229)

Wilmington (Arsht Hall): June 18, 2024 to July 16, 2024

Tuesday at 10:45 AM

This class covers barbecue meats, regional styles and flavorings, kinds of barbecue smokers and controlling fire. Short-cook and long-cook techniques and barbecue specialties are explained. The course concludes with information on barbecue competitions and resources.

Each session can be enjoyed as a standalone.

Taught by: Jeffrey Chambers

### Making Peace With Tucson (D902)

Wilmington (Arsht Hall): July 17, 2024 to July 17, 2024

Wednesday at 10:45 AM

Journey along with the instructor's solo 12,000-mile 30-day Amtrak rail pass during the pandemic, igniting a two-year journey of 7,000 more miles along the spectacular U.S. routes of the Empire Builder, Zephyr, Southwest Chief, Sunset Ltd., Coast Starlight, and Crescent, and including explorations of Glacier, Seattle, San Francisco, Glenwood Springs, Flagstaff and more. A brief morning stop in sunny Tucson shattered the peace and altered the path. A personal story with slides and time for discussion.

Taught by: Susan Dion

### The Mystery of Flowers (D901)

Online: June 18, 2024 to July 16, 2024

Tuesday at 9:00 AM

While we marvel at the beauty of flowers, what do we know about them? In this program we will investigate the who, where, what and how of these phenomena of Mother Nature. the stories of plant hunters and their sponsors will be recounted. Reasons for the structure of the flower (usually enticement of pollinators) will be theorized, as well as other subjects. This program will be presented as a PowerPoint, and comments and discussion are encouraged.

Taught by: Melanie Moser

## Researching Family History and Genealogy: African American and Indigenous Americans (E900)

Online: July 16, 2024 to July 18, 2024

Tuesday, Wednesday, Thursday at 10:45 AM

We will discuss methods to research African American and Indigenous American family history and genealogy using online resources. Both free and paid websites will be discussed, e.g., FamilySearch, Ancestry, state and university libraries. It is difficult to trace African American and Indigenous American ancestry; this course will attempt to offer various alternative methods which might help improve one's chances of success. These tools can also be extended to other areas of research.

Taught by: John Roberts

#### **Delaware's Underground Railway (G911)**

Kennett Underground Railroad Center: July 18, 2024 to July 18, 2024

Thursday at 9:30 AM

We will participate in a guided driving tour produced by the Kennett Underground Railroad Center, which features stories and background information to be read by a passenger while traveling between sites.

Participants will meet at Arsht Hall, Wilmington, for a 9:30 a.m. pick-up, for the 10 a.m.-12:15 p.m. tour.

A tour fee of \$35 will apply, plus entrance fees.

Taught by: Adrian Burston

#### Historic New Castle Walking Tour (G907)

Historic New Castle: July 18, 2024 to July 18, 2024

Thursday at 9:45 AM

Meet us in Historic New Castle for a curated walking tour to visit an amazing variety of remarkably preserved historic buildings from the 17th through the 19th centuries, some with professional tours. A tall ship may be at the dock! There will be time to enjoy lunch and browse antique shops. There will be approximately \$5 in tour fees; and lunch is on your own.

Accessibility note: Many streets have uneven brick sidewalks, and some buildings require the use of stairs. See syllabus for details.

Taught by: Glenn Rill, Suzanne Souder

#### My Mother and the Holocaust (G909)

Online: July 18, 2024 to July 18, 2024

Thursday at 2:30 PM

Before she died in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and concentration camps in Nazi-occupied Poland, powerful stories published by her son, Irv. He will share excerpts from Only Hope: A Survivor's Stories of the Holocaust, shedding light on his mother's experiences and indomitable spirit. Participants will learn about the Holocaust through the eyes of a survivor, as well as how the instructor, the child of two survivors, was impacted by his parents' experiences.

Taught by: Irv Lubliner

## Relocating the "Old West": Tana French Novels (H903)

Online: July 10, 2024 to July 17, 2024

Wednesday at 10:45 AM

Yes, Tana French writes mystery, or crime, novels. But unlike other books in that tradition, hers are "literary fiction." She uses the genre only as a framework for structuring plot, and explores from there. In The Searcher, and her latest, The Hunter, she transports the old west" genre to rural Ireland, another time and place, with Cal Hooper, retired Chicago police detective. Over two sessions, we will explore her use of genre and what makes these books literary fiction.

Taught by: Rebecca Worley

# Mastering Modern Communications: All Sessions (L904)

Lewes (Trinity Faith Education Building): June 26, 2024 to July 24, 2024

Wednesday 7/17 at 12:45 PM - Zoom Basics

Join us in unlocking the digital realm in a nonthreatening environment. From locating and organizing emails to navigating Zoom, mastering Facebook, and understanding exactly where your documents or pictures might have ended up, this course empowers you to thrive in today's digital age. Get ready to conquer technology with confidence and connect with loved ones like never before!

Available as a full-session offering, or as part of Summer Selections weekly packages. Each class is standalone and previous classes are not prerequisites for this course.

Taught by: Sally Cole

#### Good Sports: More Than a Pastime (S254)

Online (On-demand)

Sports enthusiasm is not required for this course! People follow sports, rooting for a team or favorite players, but sports are much bigger than just a "national pastime," and a bigger business than just "the games" and players. Prominent guest speakers with long expertise in sports management and media, who pull back the curtains on sports. This is a prerecorded class to be viewed on your own schedule. Viewing links are emailed to participants.

Taught by: Ralph Begleiter

#### Sussex County Volunteerism (U905)

Lewes (Trinity Faith Education Building): June 18, 2024 to July 23, 2024

Tuesday at 10:45 AM

Got some extra time? Looking to contribute to the community? Five presenters share unique opportunities to volunteer in and around Lewes and Sussex County. Representatives from Village Volunteers, Paws for People, Habitat for Humanity, Lewes in Bloom and the Lewes Historical Society will share their experiences and the benefits of becoming a volunteer.

Each session can be enjoyed as a standalone.

Taught by: Tracey Marino

## Culinary Conversation With Chef Alex Neaton (X901)

Dover (Private home): July 17, 2024 to July 17, 2024

#### Wednesday at 11:00 AM

Please join Chef Alex Neaton from Longwood Gardens for a casual cooking session and discussion of farm-to-table dishes. The menu will depend on seasonal availability, but there will be plenty of food, drink and great conversation. There is a \$20 fee for this class, payable to instructor on the day of the event.

Taught by: Bobbi Neaton

#### Gulf States: UAE and Oman (X908)

Wilmington (Arsht Hall): July 16, 2024 to July 16, 2024

Tuesday at 9:00 AM

Visit the Gulf States of the United Arab Emirates and Oman through stories, images, music, food, clothing and artifacts with someone who still has "sand between her toes."

Taught by: Karen Asenavage

### Lunch Book Groups (X909)

Wilmington (Arsht Hall): July 11, 2024 to July 25, 2024

Thursday at 12:45 PM

Thurs. 7/18 (Summer Selections Week 4): Explore Amanda Ripley's book High Conflict to discover how to navigate conflict through stories from around the world.

Taught by: Karen Asenavage

#### Monday at the Movies (X907)

Lewes (Cinema Art Theater): June 17, 2024 to July 22, 2024

Monday at 2:00 PM

Each Monday, we introduce, view and discuss a movie selected by our OLLI hosts, either based on their personal preferences or mentioned in their classes or lectures. We are excited to show them on the "big screen" at the Rehoboth Beach Film Society's (RBFS) Cinema Art Theater in Lewes. Thanks to RBFS for hosting this class!

• Week 4: Peter Keeble presents Brief Encounter (1945)

Taught by: Martin Rosenzweig

### Tree Club (X214)

Wilmington (Arsht Hall): June 18, 2024 to July 23, 2024

Tuesday at 10:45 AM

Summer Tree Club will be an outdoor activity. We will be updating our tree census, tree well being status, as well as the tree signage. Get to know our trees and contribute to the campus in the process. Each session can be enjoyed as a standalone.

Taught by: Gerald Hapka, Jim Hainer

## Acoustic Jam (CP270)

Wilmington (Arsht Hall): June 18, 2024 to July 23, 2024

Tuesday at 10:45 AM

Come play and sing! All acoustic instruments and abilities welcome. The song list is updated weekly, shared in PDF format via Google Drive and then projected during class. Participants will take turns choosing what we play and can choose to lead their songs if they would like. Each session can be enjoyed as a standalone.

Taught by: Amy Biddle

## The History of Gospel Music (F905)

Dover (Wyoming Church): July 11, 2024 to July 25, 2024

Thursday at 10:45 AM

Explore the rich tapestry of gospel music. Join us and embark on a captivating journey in this three-part series. Each session delves into a distinct era, exploring its cultural context, musical influences and lasting impact. This engaging program is perfect for music enthusiasts, history buffs and those curious about the rich heritage of gospel music.

• Thurs. 7/18: The Sound Takes Flight (1920s-1960s)

Taught by: Patricia Malcom, Susan Watkins

## WEEK 5: JULY 22-27

## August Wilson and Two Plays: The Piano Lesson and Fences (CA905)

Online: July 23, 2024 to July 25, 2024

Tuesday, Wednesday, Thursday at 12:45 PM

August Wilson chronicled the Black American experience during the 20th century by writing ten plays, each set in a different decade. In our first class, we explore August Wilson's life and legacy by watching a documentary, The Ground on Which I Stand. The following two classes, we discuss his two Pulitzer Prize winning plays, The Piano Lesson and Fences. The first class may run 15 minutes overtime. Students should read or watch a production of The Piano Lesson and Fences before the second class. World Class Classical Music (CA904)

Lewes (Trinity Faith Education Building): June 26, 2024 to July 24, 2024

Wednesday at 10:45 AM

Coastal Concerts presents a classical music experience that delves into the background of guest artists, their instruments, and the music they are performing. A close examination of these topics promotes the appreciation for and the enjoyment of the featured music.

A complimentary ticket for a future Coastal Concerts performance will be given to each of the participants of this course. Each session can be enjoyed as a standalone.

Taught by: Carol Dennis

## Ted Talks Discussion and Trivia (D255)

Wilmington (Arsht Hall): July 23, 2024 to July 25, 2024

Tuesday, Wednesday, Thursday at 9:00 AM

This course features both some previously shown videos and several new additions on various subjects, with respectful and engaging discussion after each video. Fun and challenging general trivia questions are presented during each class as well as entertaining short clips of different topics for additional enrichment.

Taught by: Carolyn Stankiewicz

# Mastering Modern Communications: All Sessions (L904)

Lewes (Trinity Faith Education Building): June 26, 2024 to July 24, 2024

Wednesday 7/24 at 12:45 PM — Facebook

Join us in unlocking the digital realm in a nonthreatening environment. From locating and organizing emails to navigating Zoom, mastering Facebook, and understanding exactly where your documents or pictures might have ended up, this course empowers you to thrive in today's digital age. Get ready to conquer technology with confidence and connect with loved ones like never before! Previous classes are not prerequisites for this course.

Taught by: Sally Cole

## Birding 101: Intro to Bird Watching (P201)

Wilmington (Arsht Hall): July 27, 2024 to July 27, 2024

Saturday 9-10:30 a.m. OR 10:45 a.m.-noon walk.

Taught by: Emily Ginder

This course touches on why, when and where to bird. Topics include equipment, reference materials, internet support, identification techniques, listing and bird songs. Practical experience takes place with 8 a.m. bird walks on campus before class, and field trips. Delaware is a prime birding site: get to know it!

Taught by: Lloyd Maier

# Exercise Resistance Bands Class – 9 a.m. or 10:45 a.m. (Q906)

Wilmington (Arsht Hall): July 27, 2024 to July 27, 2024

Saturday at 10:45 AM

Resistance bands can strengthen your muscles as effectively as more traditional weights. Plus, they are portable so you can take the bands, and these exercises, everywhere even when you travel! Grab your bands and join us for a workout that works your entire body.

Sign up for the 9 a.m. offering or the 10:45 offering.

Taught by: Marquez Norford

# Secrets of Happiness: Learn Them and Use Them (Q903)

Lewes (Trinity Faith Education Building): July 25, 2024 to July 25, 2024

Thursday at 2:00 PM

The most recent research on the study of happiness will show participants how to apply new concepts to create a happier life. Through dialogue and exercise every person can capture the essence of happiness.

Taught by: Barbara Barski-Carrow

## All News All the Time (S265)

Online (On-demand)

Join two career national journalists and explore changes in American news media through their lens inside all-news broadcast journalism since the 1980s, after the birth of NPR and CNN. Presenters Liane Hansen (former NPR) and Ralph Begleiter (former CNN) share personal perspectives from within the first nationwide all-news organizations, and offer observations about how media changes have affected American democracy and public perceptions of world affairs.

This is a pre-recorded class to be viewed on your own schedule. Viewing links are emailed to participants.

Taught by: Ralph Begleiter

## **Sussex County Volunteerism (U905)**

Lewes (Trinity Faith Education Building): June 18, 2024 to July 23, 2024

Tuesday at 10:45 AM

Got some extra time? Looking to contribute to the community? Five presenters share unique opportunities to volunteer in and around Lewes and Sussex County. Representatives from Village Volunteers, Paws for People, Habitat for Humanity, Lewes in Bloom and the Lewes Historical Society will share their experiences and the benefits of becoming a volunteer.

Available as a full-session offering, or as part of Summer Selections weekly packages. Each session can be enjoyed as a standalone.

Taught by: Tracey Marino

#### Lunch Book Groups (X909)

Wilmington (Arsht Hall): July 11, 2024 to July 25, 2024

Thursday at 12:45 PM

Thurs. 7/25 (Summer Selections Week 5): Explore Daniel Pink's book The Power of Regret: how looking backward moves us forward, to understand how regret can fuel a different future.

Taught by: Karen Asenavage

### Monday at the Movies (X907)

Lewes (Cinema Art Theater): June 17, 2024 to July 22, 2024

Monday at 2:00 PM

Each Monday, we introduce, view and discuss a movie selected by our OLLI hosts, either based on their personal preferences or mentioned in their classes or lectures. We are excited to show them on the "big screen" at the Rehoboth Beach Film Society's (RBFS) Cinema Art Theater in Lewes. Thanks to RBFS for hosting this class! Each class is standalone and previous classes are not prerequisites for this course.

Week 5: Marty Rosensweig presents Singin' in the Rain (1952).

Taught by: Martin Rosenzweig

### Tree Club (X214)

Wilmington (Arsht Hall): June 18, 2024 to July 23, 2024

Tuesday at 10:45 AM

Summer Tree Club will be an outdoor activity. We will be updating our tree census, tree well being status, as well as the tree signage. Get to know our trees and contribute to the campus in the process. Each session can be enjoyed as a standalone.

Taught by: Gerald Hapka, Jim Hainer

## Acoustic Jam (CP270)

Wilmington (Arsht Hall): June 18, 2024 to July 23, 2024

Tuesday at 10:45 AM

Come play and sing! All acoustic instruments and abilities welcome. The song list is updated weekly, shared in PDF format via Google Drive and then projected during class. Participants will take turns choosing what we play and can choose to lead their songs if they would like. Available as a full-session offering, or as part of Summer Selections weekly packages. Each session can be enjoyed as a standalone.

Taught by: Amy Biddle

## Cruising 101 (F900)

Wilmington (Arsht Hall): July 25, 2024 to July 25, 2024

Thursday at 10:45 AM

Facilitator of this one-day class will focus on the different large cruise companies, their accommodations, and the various perks available. We will look at common destinations, East Coast embarkment points, and share personal experiences from the facilitator, through PowerPoint slides, lecture and pictures of the newest cruise ships. Questions welcomed!

Taught by: Carolyn Stankiewicz

## Sewing for Revolutionary War Reenactment (G912)

Wilmington (Arsht Hall): July 23, 2024 to July 23, 2024

Tuesday at 12:45 PM

A presentation of handsewn items worn and used by soldiers and camp followers while on campaign with the Continental Army. Examples of uniforms, civilian attire and camp gear are displayed and examined. Hand sewing techniques are explained.

Taught by: Marsha Bell

### The History of Gospel Music (F905)

Dover (Wyoming Church): July 11, 2024 to July 25, 2024

Thursday at 10:45 AM

Explore the rich tapestry of gospel music. Join us and embark on a captivating journey in this three-part series. Each session delves into a distinct era, exploring its cultural context, musical influences and lasting impact. This engaging program is perfect for music enthusiasts, history buffs and those curious about the rich heritage of gospel music.

- Thurs. 7/18: The Sound Takes Flight (1920s-1960s)
- Thurs. 7/25: Gospel's Enduring Legacy (1960s-today)

Available as a full-session offering, or as part of Summer Selections weekly packages. Each session can be enjoyed as a standalone.

Taught by: Patricia Malcom, Susan Watkins

## Winetasting: Whites From Veneto (F912)

Wilmington (Arsht Hall): July 24, 2024 to July 24, 2024

Wednesday at 12:45 PM

Indulge your senses in an exquisite tasting journey with select white wines of the Veneto region, renowned for its rich cultural heritage and diverse terrain. In this captivating class, participants will embark on a sensory exploration of a selection of Veneto's white varietals. Our guest sommelier will also unveil a selection of delectable pairings curated to elevate your wine-tasting experience. You'll explore how the interplay of flavors enhances the nuances of Veneto's white wines, creating harmonious culinary symphonies on your palate. Join us and embark on a memorable journey through the vineyards and kitchens of Veneto's rich gastronomic landscape. There is an additional \$20 fee for this offering.

Taught by: Walter Makarucha